

The
AIR
is changing
Are you?



- **What is Indoor Air Quality**
- **Indoor Air Pollutants**
- **Effects of Poor IAQ – SBS & BRI**
- **IAQ Enhancers**
- **Method of Ventilation – Energy Recovery Devices**
- **Total Energy Recovery Wheel**
- **Outdoor Pollution**
- **Using Fresh Air to achieve IAQ in polluted Cities**

Target to design an efficient building and increase the value

- Reducing energy use:
 - Rationalizing the orientation of building;
 - Improving facade and window design;
 - Improving the performance of HVAC-systems;
 - Adding renewable energy production.
- Improving Indoor Environment Quality:
 - Thermal comfort;
 - Indoor air quality (IAQ);
 - Lighting environment;
 - Acoustic environment;
 - Visual environment.



What is IAQ ?

IAQ Stand for 'Indoor Air Quality'

Indoor Air Quality (IAQ) refers to the Nature of the conditioned (Heat/Cool) air that circulates throughout space/area where we work and live i.e. the air we breathe during most of our lives.

refers not only to comfort which is affected by :

- Temperature
- Humidity
- Odour

but also to

- **Harmful chemicals and**
- **Biological contaminants present in the conditioned space**

A Common **MYTH**

**Air pollution occurs only Outdoors.
or
In Industrial Environment.**

TRUTH!!

**Air inside Conditioned Space can be
substantially more polluted than outdoor air.**

ANOTHER FACT

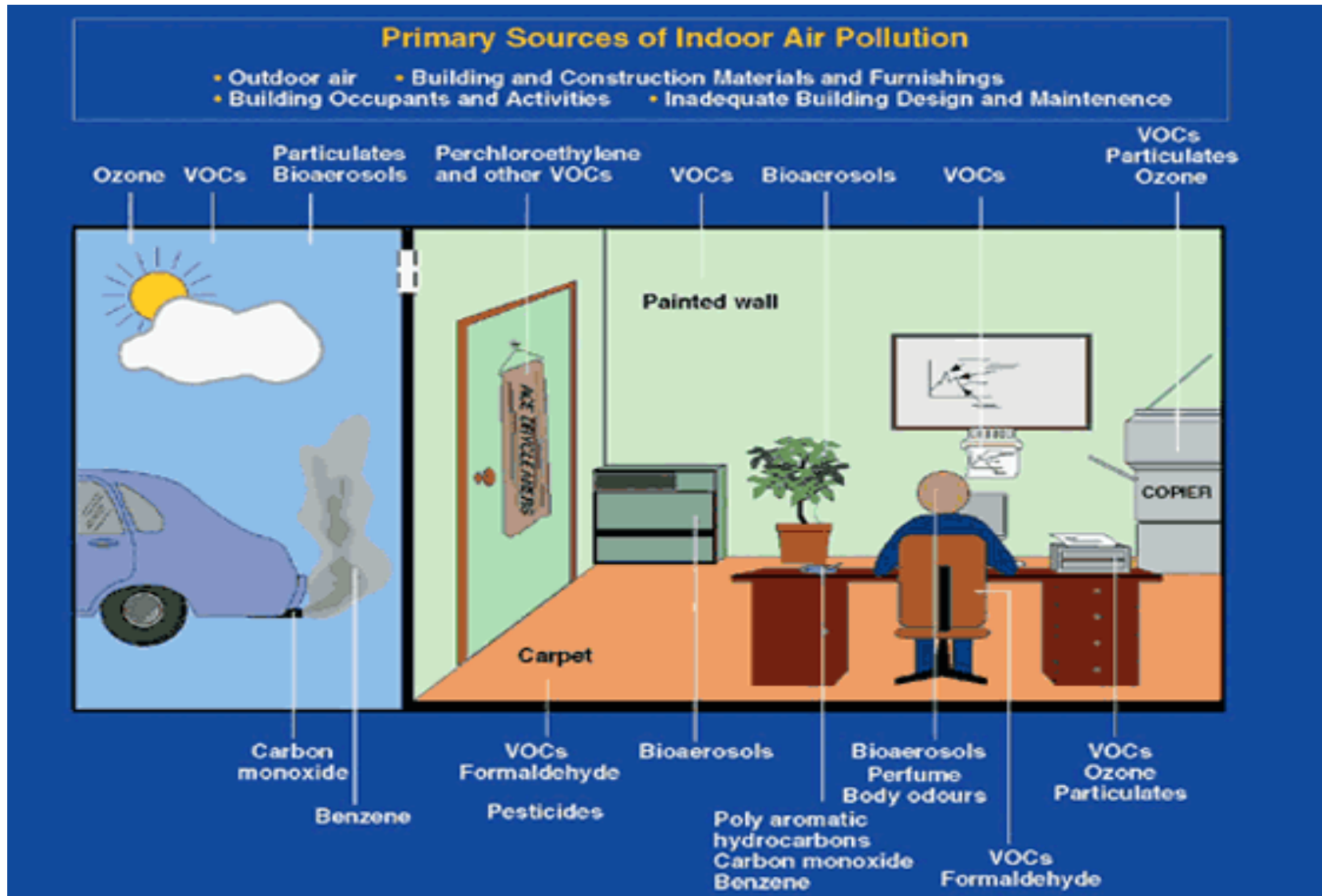
HUMAN BEING SPEND 80 to 90% TIME INDOOR

Research clearly indicates that we spend 90 % of our time indoors and the growing scientific evidence that the air indoor is almost 10 to 100 times more polluted than outside, the risk to health is much greater indoors than outdoors

INDOOR AIR POLLUTANTS

- Formaldehydes
- Radon
- Asbestos
- VOC from solvents, paints, varnishes, carpets etc.
- Biological organisms like bacteria ,viruses , fungus
- Odours and dust &
- Environmental tobacco smoke (ETS)
- All outdoor pollutants -sulphur, nitrogen dioxide, carbon monoxide, high pollen counts, pesticides, chemicals etc.

Primary Sources of Indoor Air Pollution



POOR IAQ - HEALTH CONSEQUENCES

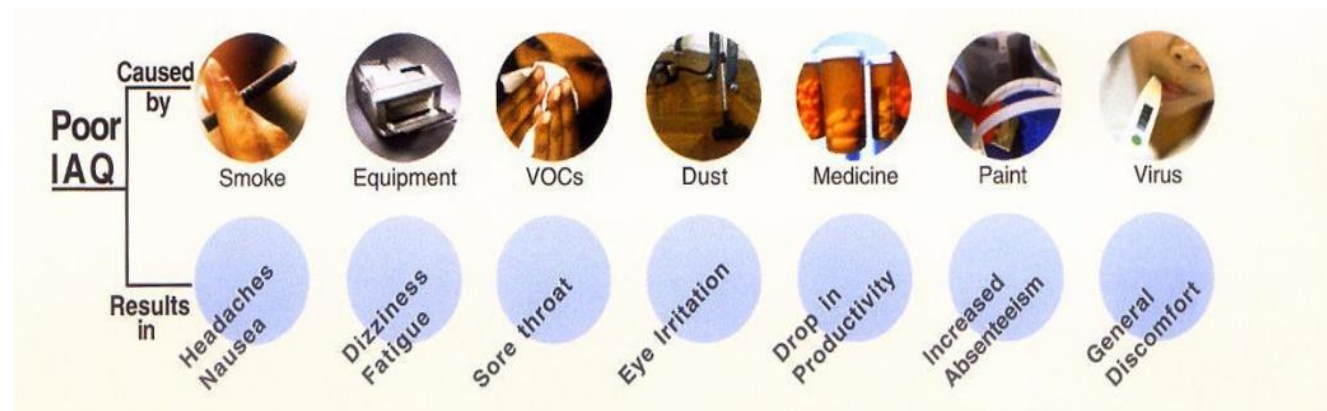
CATEGORIZED AS "SBS" & "BRI"

SBS -SICK BUILDING SYNDROME

- No specific illness or identifiable cause of discomfort
- Cluster of complex irritating symptoms incl.
 - Headache,nausea, fatigue
 - Dizziness, lethargy
 - Respiratory problems
 - Coughing, wheezing
 - Eye, nose & throat irritation
 - Dry skin, skin rashes
 - Sensory discomforts

BRI -BUILDING RELATED ILLNESS

- A more serious condition
- Symptoms of diagnosable illness are identifiable
- Cause of illness directly attributable to environmental agents in air
- Diseases include :
 - Legionnaire's disease
 - Sensitivity pneumonitis



Monitoring IAQ – Ventilation Rate

CO₂ – The surrogate ventilation index

- Indoor Air Contaminants Are Difficult And Expensive To Detect And Measure
- ASHRAE Recognizes CO₂ Levels As The Reliable Surrogate Index To Monitor Indoor Air Quality
- High Concentrations of CO₂ indicate high pollutant levels which Cause Drowsiness and Discomfort and an Inability to Think, Reason, and Retain Information and Respond.
- ASHRAE- 62- 2001 Stipulates that the Indoor CO₂ Levels shall not exceed 1000 ppm.

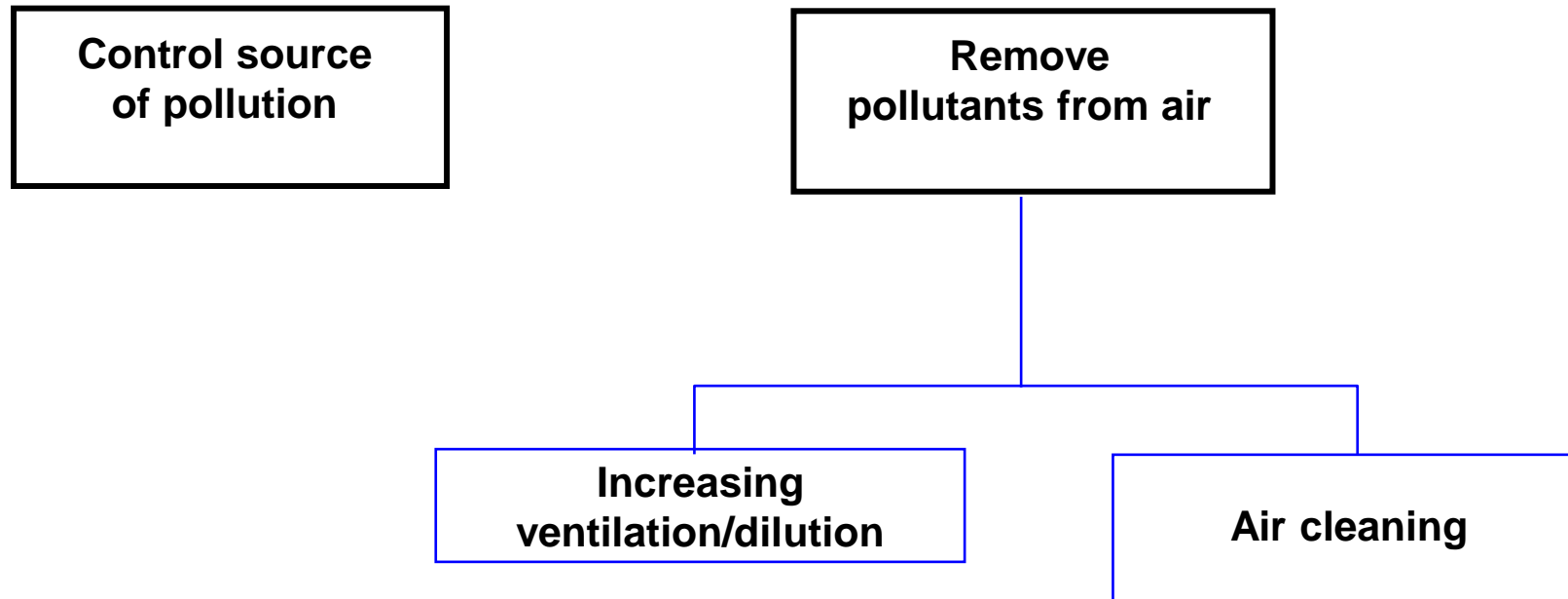


CO₂ Sensor

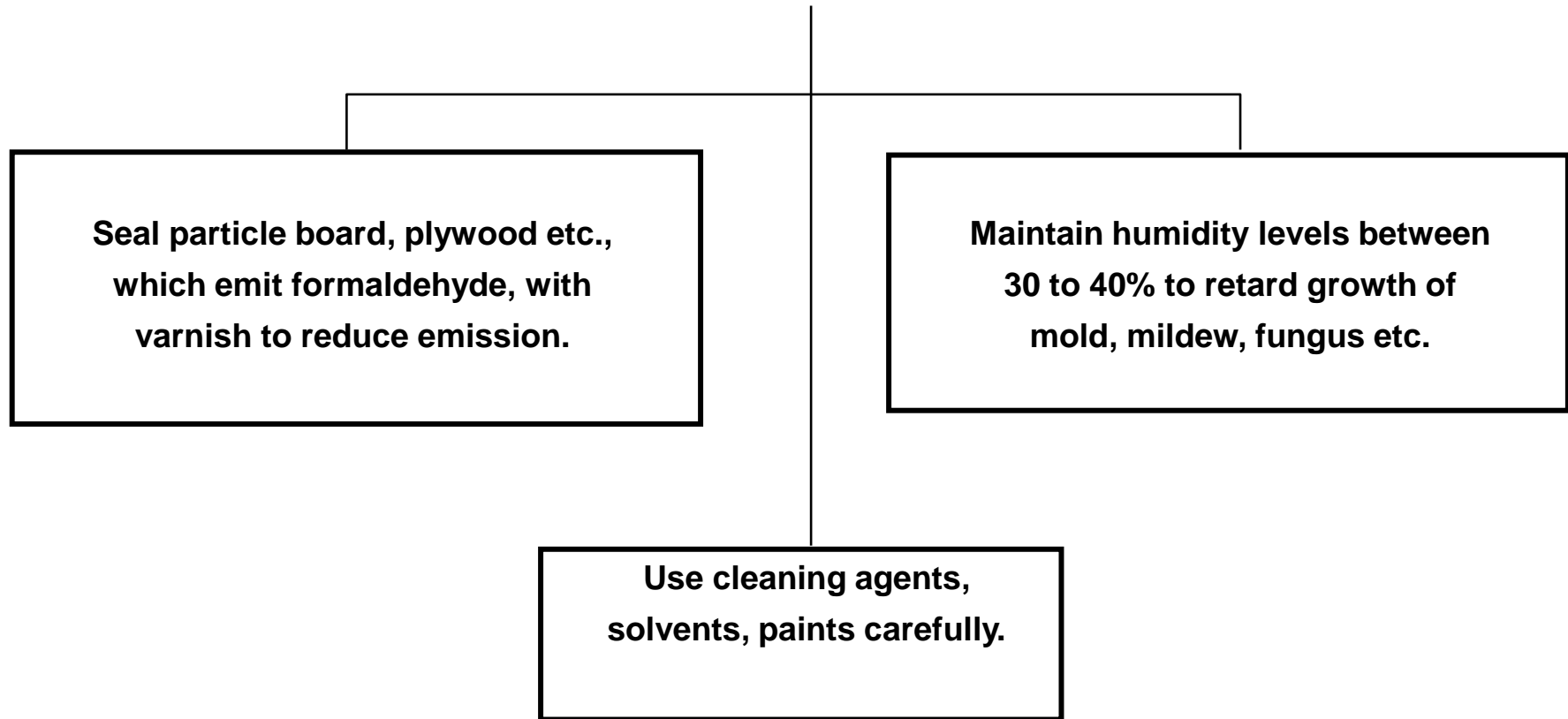
- Self Calibrating and CO₂ concentration is adjustable from 0 to 10,000 ppm
- Microprocessor Controlled
- Low voltage wiring
- Easy to read display
- Handheld, light weight and Compact.
- Highly accurate measurements
- Easy front panel programming
- Selectable CO₂ Setpoint
- System Return Air Duct Mounting option



Methods to Enhance IAQ ... to reduce Indoor Air Pollution



Source Control Methods



Although, source control is the most effective way of dealing with Indoor Air Quality (IAQ) problem, it is often impractical, expensive and sometimes impossible.

**The Solution to Pollution
is Dilution**

i.e.

“More Fresh Air ... Indoors”

Ventilation

The preferred solution for Indoor Air Quality problems

Ventilation is the movement of air and it's contained pollutants to outdoors and flow of fresh air indoors.

- The flow of fresh air dilutes the concentration of pollutant indoors.
- It is ideal way of keeping indoor air clean.

However, simple mechanical ventilation increases the fresh air load on conditioning systems resulting increase in tonnage . . . more energy cost.

Indoor Climate and Productivity (Europe)

- "A minor 1 % (5 min/day) increase in office work can off-set the annual cost of ventilating the building."
- "The full costs of installation and running the building can be off-set by productivity gains of just under 10%."
- "A reduction of indoor air temperatures by 1 °C can roughly increase the performance of office work by 1% (valid above 22 °C).
- "Doubling the outdoor air supply rate can reduce sick leave prevalence by 10 %, and increase office work by 1,5%."

Fresh Air Calculation as per ASHRAE 62.1 – 2010

$$\text{Fresh Air} = 5 \text{ cfm/person} + 0.06 \text{ cfm/ft}^2$$

Suppose the office area is 10000 sq ft and there are 100 persons sitting in that area, so fresh air becomes:

$$F/A = 100 \times 5 + 0.06 \times 10000 = 1100 \text{ cfm}$$

i.e 11 CFM / person



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Ventilation Rates

IAQ generally refers to the quality of the conducted air in an indoor environment. Other terms related to IAQ include **Indoor Environmental Quality (IEQ)** and "**Sick Building Syndrome**".

Application	Ventilation Rate/person	Application	Ventilation Rate/person
Office space	20 cfm	Auditorium	15cfm
Smoking	60 cfm	Conference Rooms	20cfm
Lounge	20 cfm	Classrooms	15cfm
Restaurants	25 cfm	Hospital Rooms	25cfm
Beauty Salon	30 cfm	Laboratory	20cfm
Bars/Cocktail	30 cfm	Operating Rooms	30 cfm
Supermarkets	20 cfm		

IAQ (Ventilation) Standards

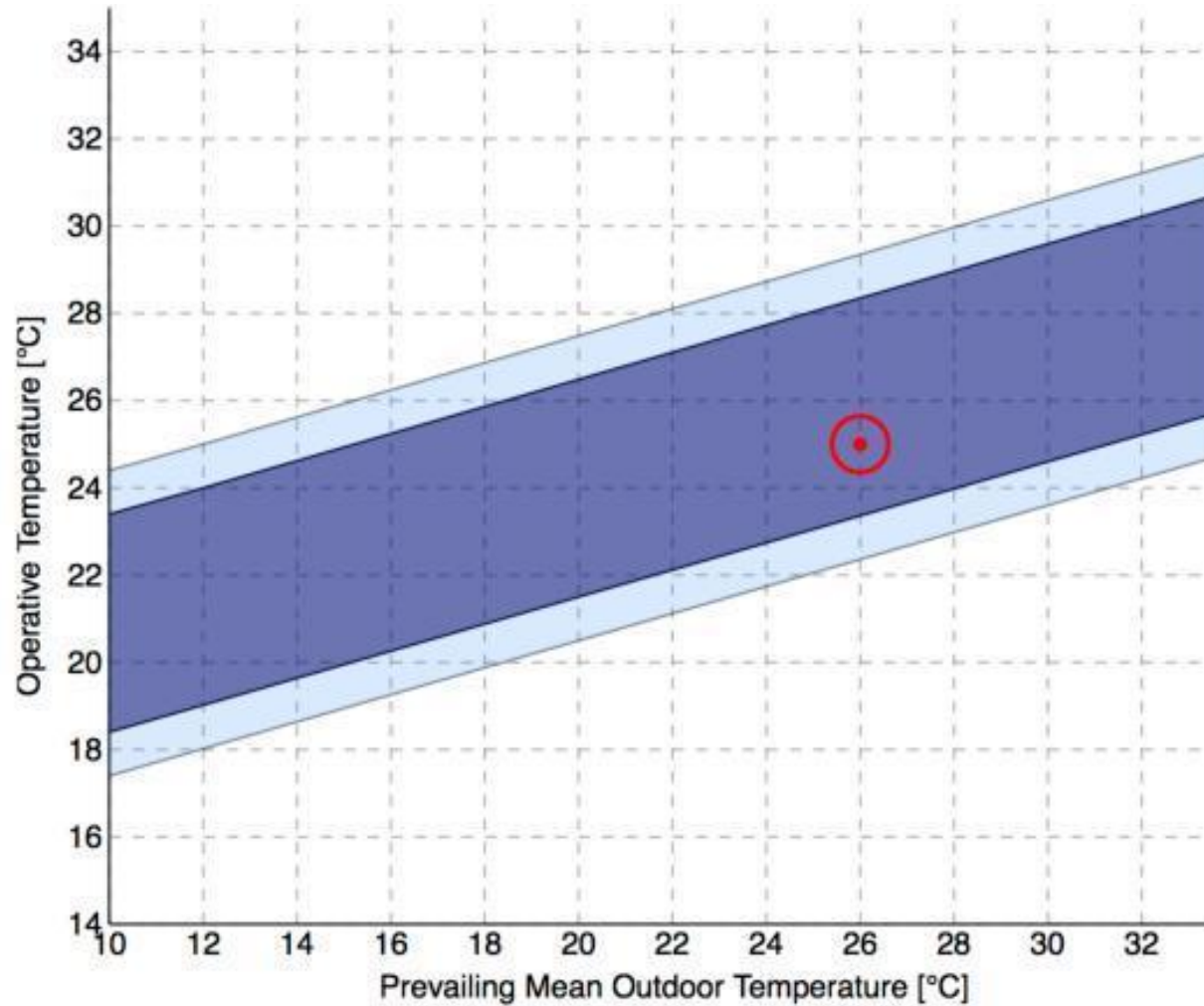
- ASHRAE 62.1 and EN 15251 specifies the ventilation rate for office building

Occupancy	Standards									
	ASHRAE 62.1	EN 15251								
		Category I			Category II			Category III		
Minimum ventilation for occupants in l/s/person (cfm/person)	2,5 (5.3)	10 (21.18)			7 (14.83)			4 (8.47)		
Additional ventilation for building in l/s/m ² (cfm/ft ²)	0,3 (0.06)	A	B	C	A	B	C	A	B	C
		0,5 (0.1)	1 (0.2)	2 (0.4)	0,35 (0.07)	0,7 (0.14)	1,4 (0.28)	0,3 (0.06)	0,4 (0.08)	0,8 (0.16)

A – Very Low Pollution **B** – Low Pollution **C** – Not Low Pollution

- ASHRAE: $(2.5 + 0.3 \cdot 7) / 7 = 0.7 \text{ l/s, m}^2 \text{ (0.13)}$
- LEED (ASHRAE+30%): $0.7 \text{ l/s, m}^2 \cdot 1.3 = 0.9 \text{ l/s, m}^2 \text{ (0.17)}$
- EN Category II, low polluting: $(7 + 0.7 \cdot 7) / 7 = 1.7 \text{ l/s, m}^2 \text{ (0.32)}$

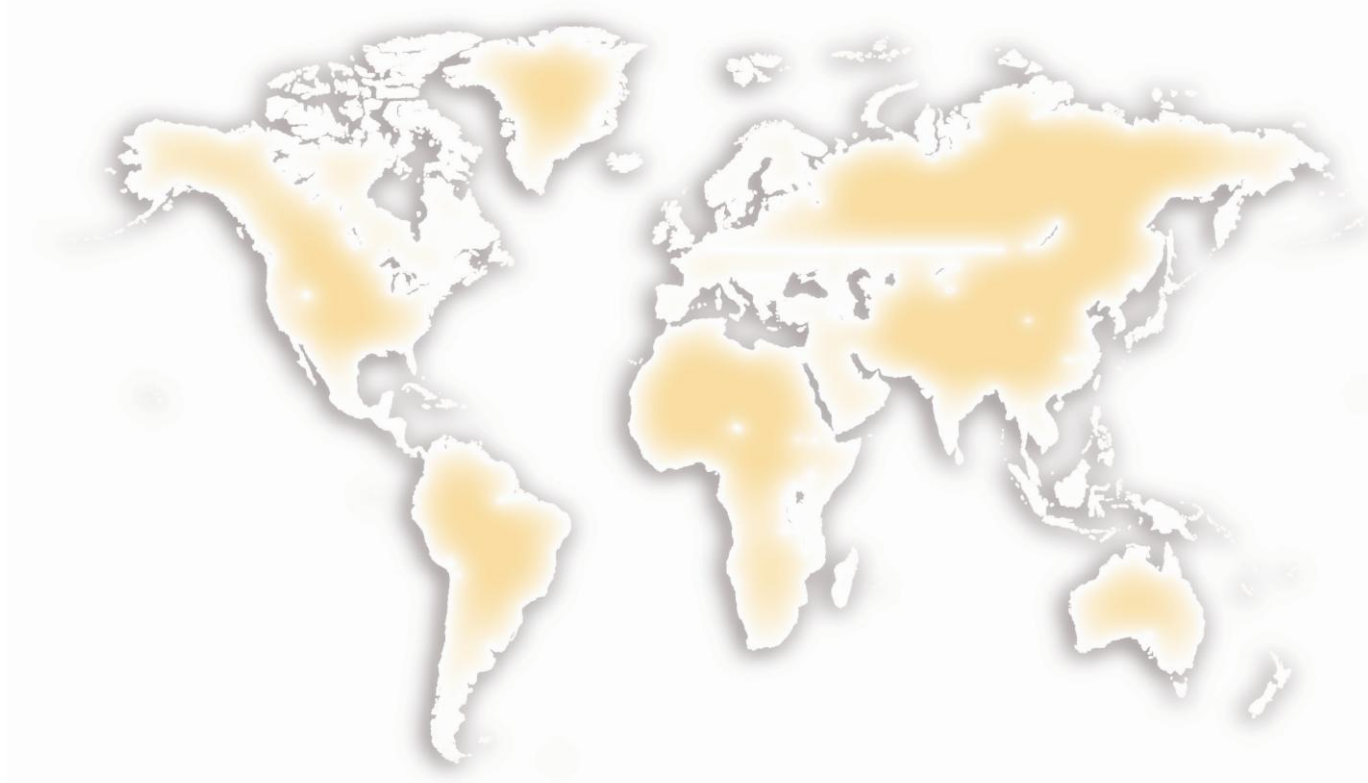
Thermal Comfort Standard (ASHRAE 55 – adaptive comfort)



The Designer's Dilemma

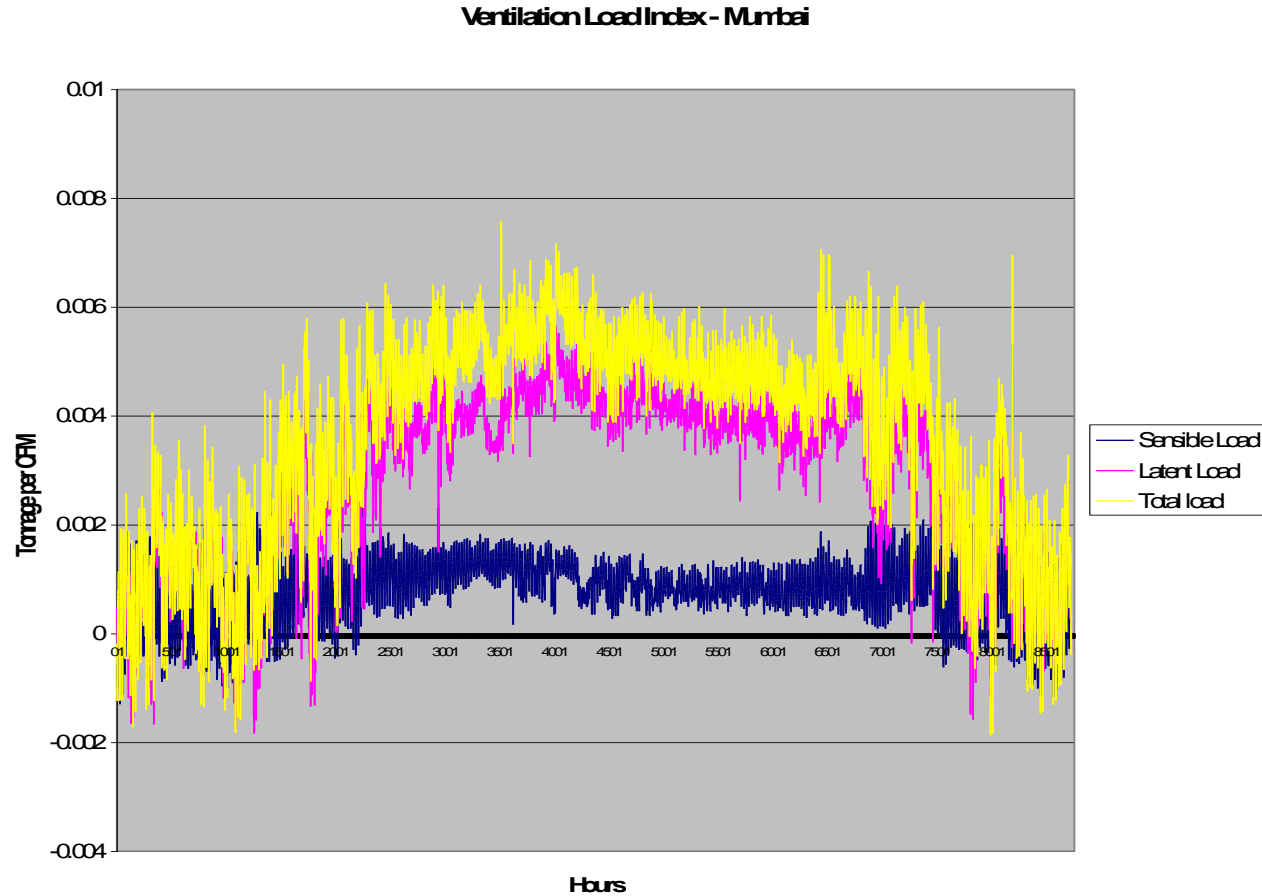
- Fresh air ventilation runs contrary to the guidelines being followed by HVAC professionals. Higher fresh air ventilation needs translate into higher outdoor air changes per changes, which leads to more air-conditioning loads necessitating installation of higher capacity plants. This leads to higher initial cost and higher energy bills.
- The right humidity levels have to be maintained despite the increased ventilation rates and also to avoid expensive and inefficient solution like re-heat.
- New standards and increased awareness of the effect of IAQ on health necessitates the engineers and building designers conceptualize and provide cost effective solution to indoor air quality requirements.

Balancing Ventilation rates for IAQ & HVAC system energy consumption



Europe : Heating Centric Products & Design
North America : Cooling Centric Products & Design
Asia & Brazil : Moisture Centric Products & Design
(HOT & HUMID CLIMATES)

VLI Load Profile



Outside Air load- Mumbai Ventilation Load index Mumbai (for 1000cfm)

Solution for Hot & Humid Climates

Air to Air Heat Exchangers units which recover total energy from exhaust air & use this energy to pre-cool & dry the fresh air into the buildings.

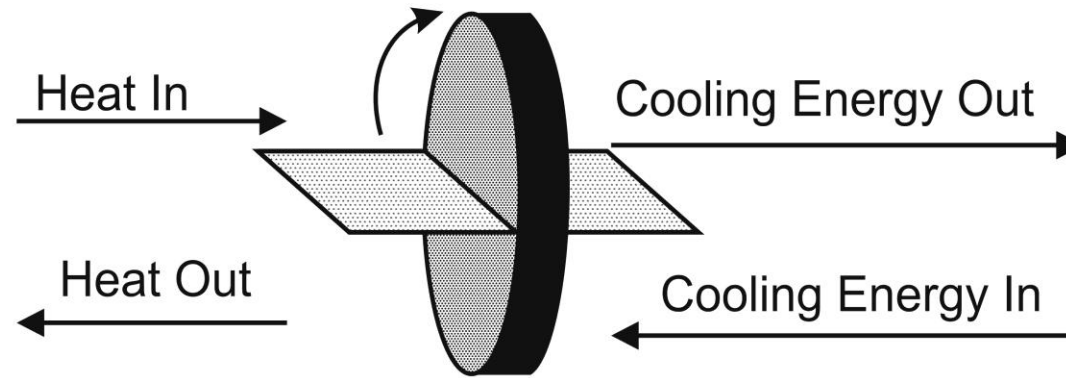


Total Energy Recovery Wheels

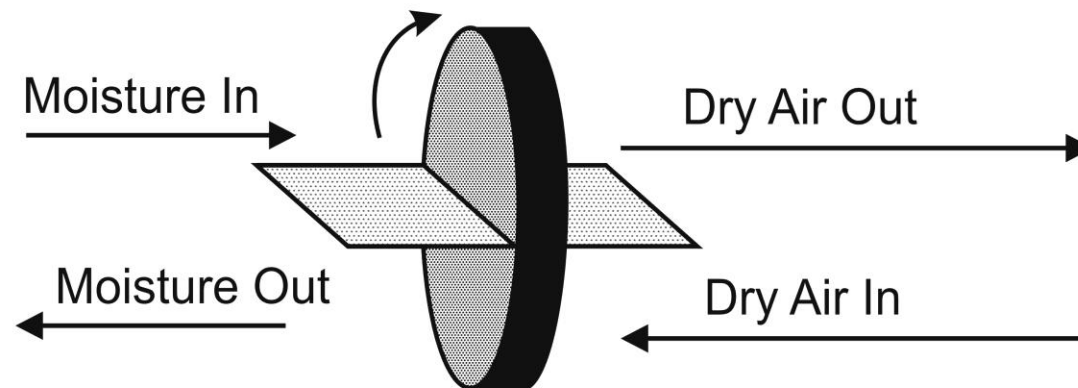


Universal Rules of Total Energy Wheels

1. Heating/Cooling Energy (e.g. 80%) Is Always Returned To Where It Came From



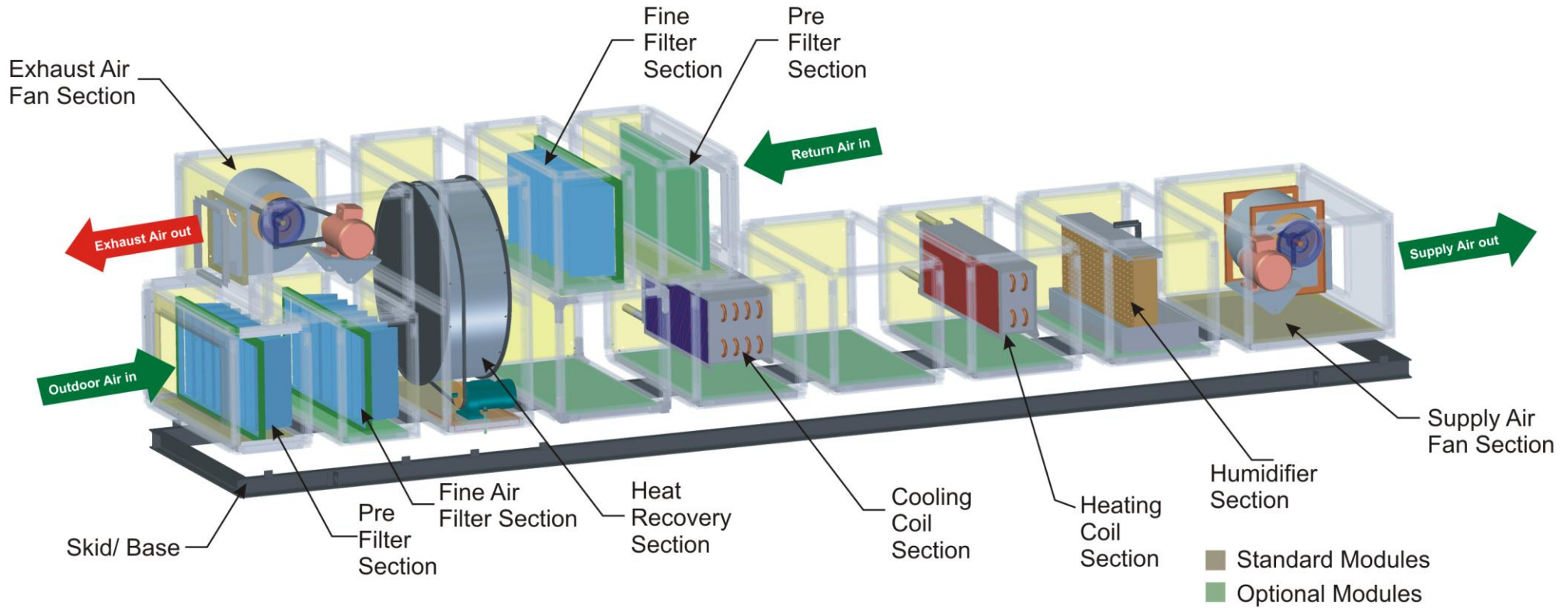
2. Moisture and Dry Air (e.g. 80%) Is Always Returned To Where It Came From





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UNIT ASSEMBLY

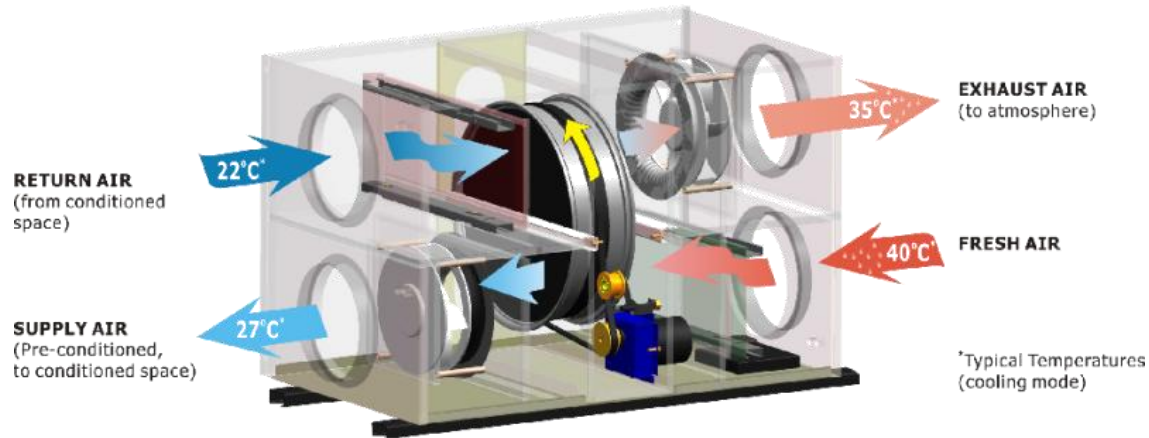




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Design your Air with

Energy Recovery Ventilators (ERVs) for Fresh & Healthier 'In'vironment



SOLUTION TO POLLUTION IS DILUTION Redesign or Maintain Your IAQ (Indoor Air Quality) with



Maintaining IAQ in



BPOs / Call Centers / Office Buildings



Conference / Meeting Rooms



Hospitals / Healthcare facilities



Schools / Institutions



Supermarkets / Retail Stores



Restaurants / Bars / Discotheques



Gymnasiums / Recreation Centres



Movie Theatres / Auditoriums

... And all other air-conditioned spaces !



Delhi in the News!



Outdoor Air Pollution 101

- Particulate Contamination
- Gaseous Contamination

- **Solids (Particulates)** – 0.003 to 100 microns

Dust



Smoke



- **Liquids (& Vapours)** – 1 to 9 microns

Vapours



Aerosols



- **Gases** – 0.0003 to 0.007 microns

Sulphur Oxides (Sox)

Nitrogen Oxides (NOx)

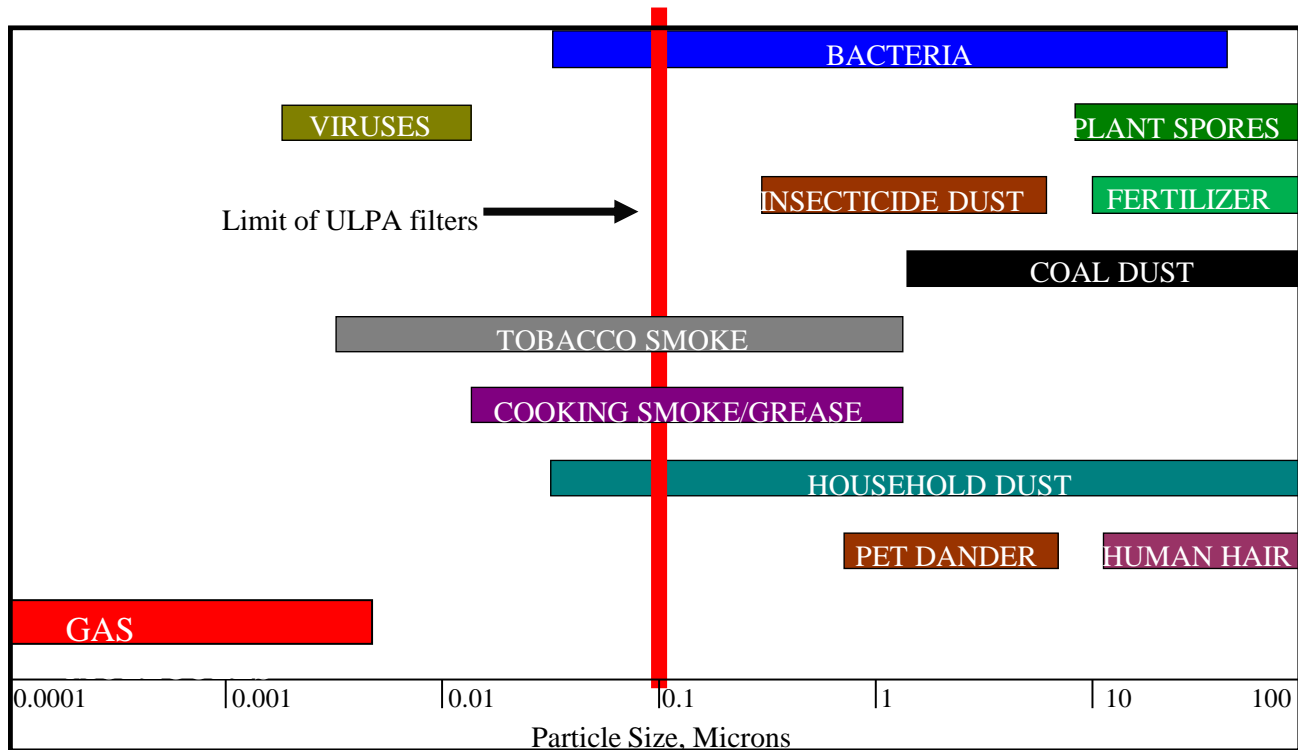
Formaldehyde (HCHO)

Chlorine (Cl₂)

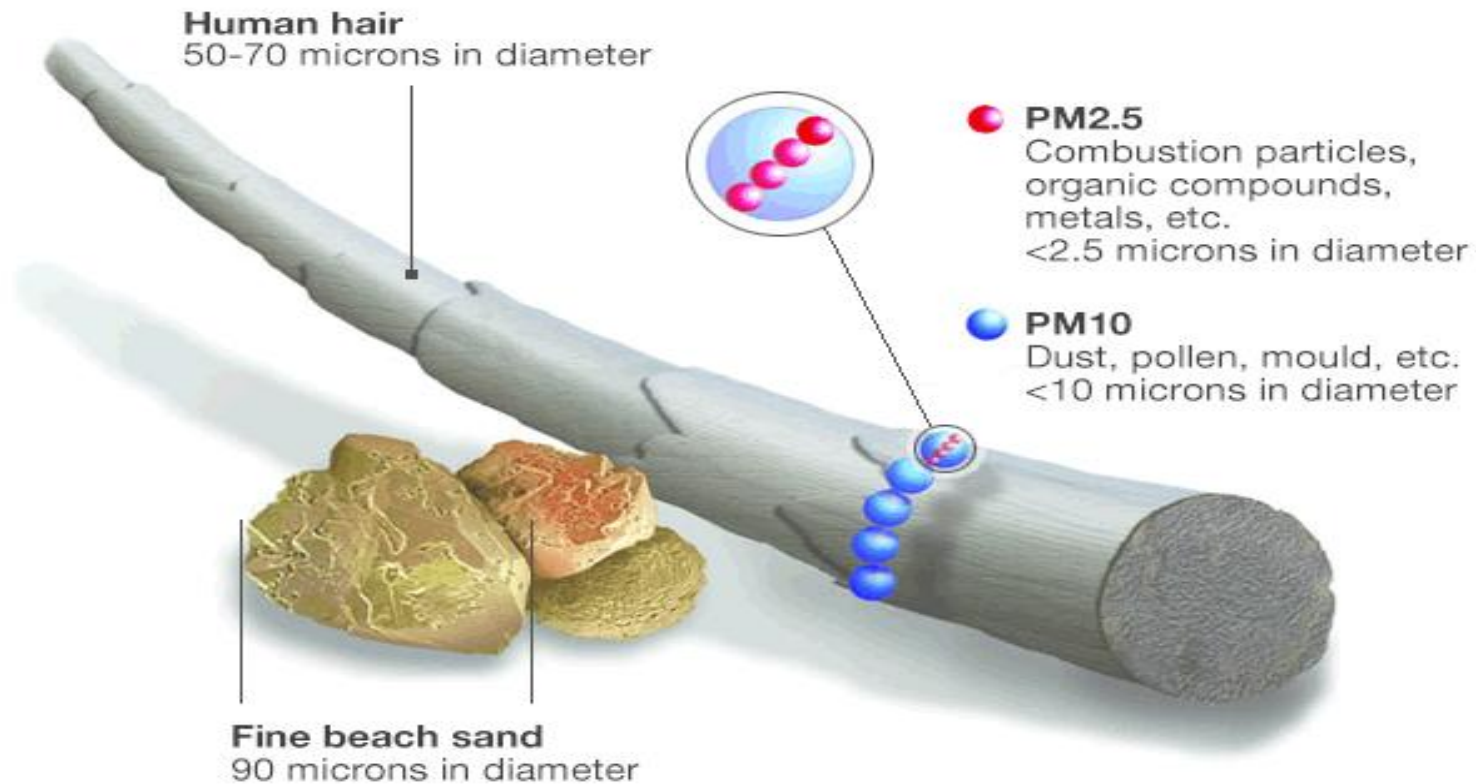
Hydrogen Sulphide (H₂S) ... etc.

Particulates vs. Gaseous Contaminants

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What is Particulate Contamination (PM 2.5)



Source: US EPA

Sources of Particulate Contamination

- Vehicles (Predominantly Diesel)
- Thermal Power Plants
- Open Fire Cooking (Chullahs)
- Stubble Burning
- Burning of Wastes
- Industrial Process Emmissions



Sources of Gaseous Contamination

- Vehicles
- Open Sewage System
- Industrial Processes





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Acceptable Levels

Particulate matter (PM _{2.5}) 24 h mean	< 25 µg/m ³	WHO Air Quality Guideline
Particulate matter (PM ₁₀) 24 h mean:	< 50 µg/m ³	WHO Air Quality Guideline
Carbon dioxide (CO ₂)	< 1000 ppm	ASHRAE 62.1-2013
Sulphur dioxide (SO ₂) 24 h mean	< 20 µg/m ³	WHO Air Quality Guideline
Nitrogen dioxide (NO ₂) 1 h mean	< 200 µg/m ³	WHO Air Quality Guideline
Ozone (O ₃) 8 h mean	< 100 µg/m ³	WHO Air Quality Guideline
Carbon monoxide (CO) 8 h mean	<75 ppm	ASHRAE 62.1-2013
Formaldehyde	<0.1 mg/m ³	ASHRAE 62.1-2013

Health Effects of Higher Pollution Levels

Particulate Contamination

- Increasing respiratory symptoms, e.g. irritation of the airways, coughing, or difficulty in breathing;
- Decreasing lung function;
- Aggravation of asthma;
- Development of chronic bronchitis;
- Adverse effects on the cardiovascular system; and
- Premature death of people with heart or lung diseases.



Health Effects of Higher Pollution Levels

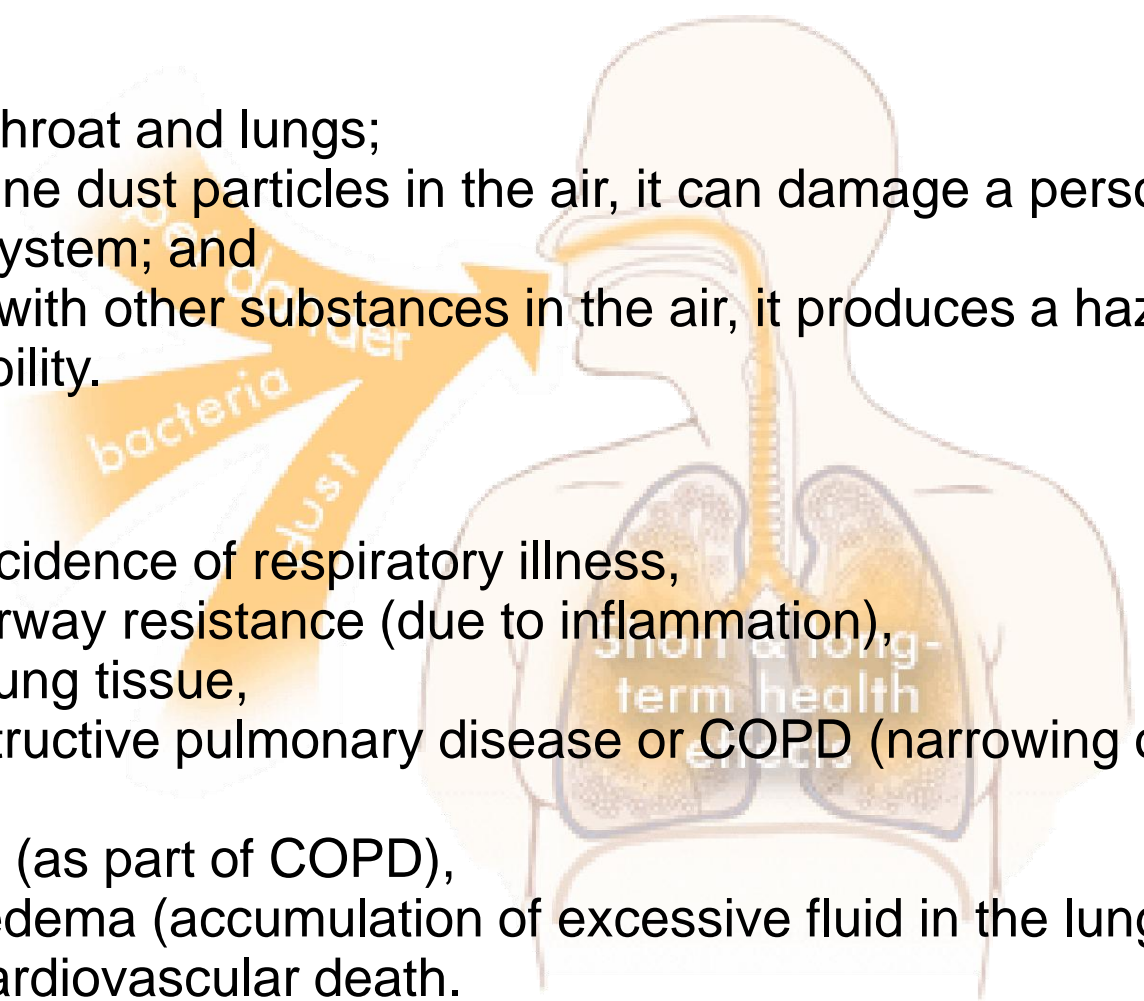
Gaseous Contamination

SO_x :

- Irritates the throat and lungs;
- If there are fine dust particles in the air, it can damage a person's respiratory system; and
- If combined with other substances in the air, it produces a haze that reduces visibility.

NO_x :

- Increased incidence of respiratory illness,
- Increased airway resistance (due to inflammation),
- Damage to lung tissue,
- Chronic obstructive pulmonary disease or COPD (narrowing of the airways),
- Emphysema (as part of COPD),
- Pulmonary edema (accumulation of excessive fluid in the lungs),
- Infant and cardiovascular death.



Points to ponder

- Reducing Outdoor Air Pollution is not necessarily in our control – dependent on multiple factors / agencies
- Indoor Air Pollution is what we can control and it is the Indoors where we spend most of the times – Residences / Offices / Schools / Malls / Hotels

Designer's Dilemma

- World Wide fresh outdoor air is brought in to improve Indoor Air Quality as per established ventilation rates.
- The guidance on these ventilation rates is practised based on ASHRAE / European Standard (EN 15251) / Local Codes.
- These ventilation rates guidelines have evolved over the last few decades and have been decided after years of research, implementation and feedback.
- In cities like Delhi and Beijing the dilemma is that the Outdoor Air Quality itself is bad.

Hence, the Outdoor Air has to be properly cleaned before being introduced in the occupied spaces to achieve the following:

- Dilute the Indoor Contaminants built up and exhaust the same
- Maintain the building under positive pressurization to prevent any infiltration
- Remove the Particulate and Gaseous Contaminants

Particulate Filtration

- Typically Particulate Filtration Stages can be classified as:
 - Primary Filtration (G1 – G4 as per EN – 779 or MERV 1 – 8 as per ASHRAE 52.2)
 - Secondary Filtration (M5 – M6 & F7 – F9 or MERV 9 – 15)
 - Another class of filtration is HEPA (High Efficiency Particulate Air Filters) and ULPA (Ultra Low Penetration Air Filters) which are generally used in Clean Rooms / Hospitals and Manufacturing Areas.

Particulate Filtration



EU 2 Washable



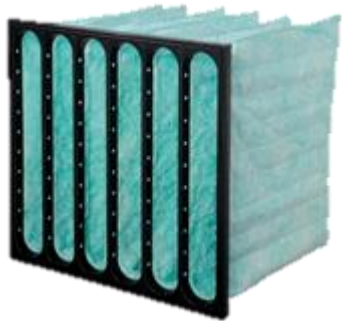
EU 3-4 Washable



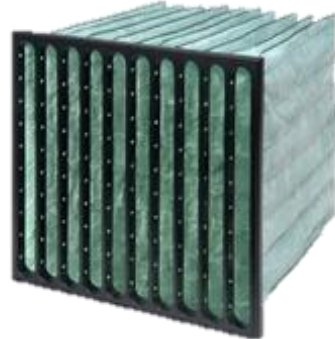
EU 3-5 Washable



EU 3 Bag Filter



EU 5-9 Bag Filters



EU 5-8 Box Filter



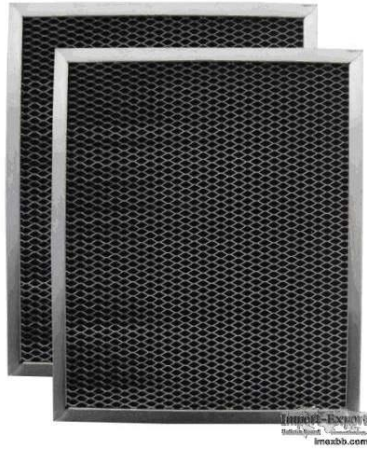
HEPA/ULPA Filter

Gas Phase Filtration

The process of removing harmful gases is done by adsorbing these gases on an adsorbent and neutralizing / oxidising them by treating with a suitable chemical.

- The process is specific and depends on the chemical nature of both the media and gas.
- The process is instantaneous and irreversible.
- Changes harmful gases to harmless solids.
- The Phenomena is called Chemisorption

Gas Phase Filters



Odor Filters



Gas Phase Filters

Stand Alone Room Air Purifier



Central Ducted Air Purification System





FEW IAQ UNITS

AIR PURIFICATION SYSTEMS – HCL OFFICE BUILDING



AIR PURIFICATION SYSTEMS – HCL OFFICE BUILDING



AIR PURIFICATION SYSTEM – LEADING INTERNATIONAL SCHOOL





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AIR PURIFICATION SYSTEM – LEADING INTERNATIONAL SCHOOL



CHEMICAL FILTER UNIT







THANK YOU